

To our beloved community,

As a community of practitioners and peacemakers throughout the world, we would like to take a moment in this challenging and unprecedented time to draw on the three tenets which form the heart of Zen Peacemakers- not knowing, bearing witness, taking action.

With the growing concern and mounting media coverage surrounding the COVID-19 pandemic, it can be difficult not to feel despair. The practices of not knowing and bearing witness to the current circumstances can provide a fortifying resource to aid in staying present and strong, in solitude as well as in community. In bearing witness to COVID-19, and honoring the not knowing of what might unfold, we can take refuge in our community as well as our local sanghas to maintain our practice, our spirits, and in solidarity for planetary healing.

We realize this is an upsetting, uncertain, and stressful moment for everyone and we offer our sincere care for the health and safety of all. We hope for this situation to resolve soon. To acknowledge how much stronger we are in our togetherness, we encourage community discussion and sharing...

[...]

Thank you all for your courage, practice and commitment to resilience.

In gratitude and respect.

Geoff O'Keeffe
Executive Director
Zen Peacemakers International